



A Publication  
of Reliable Methods  
for the Preparation  
of Organic Compounds

## Working with Hazardous Chemicals

The procedures in *Organic Syntheses* are intended for use only by persons with proper training in experimental organic chemistry. All hazardous materials should be handled using the standard procedures for work with chemicals described in references such as "Prudent Practices in the Laboratory" (The National Academies Press, Washington, D.C., 2011; the full text can be accessed free of charge at [http://www.nap.edu/catalog.php?record\\_id=12654](http://www.nap.edu/catalog.php?record_id=12654)). All chemical waste should be disposed of in accordance with local regulations. For general guidelines for the management of chemical waste, see Chapter 8 of Prudent Practices.

In some articles in *Organic Syntheses*, chemical-specific hazards are highlighted in red "Caution Notes" within a procedure. It is important to recognize that the absence of a caution note does not imply that no significant hazards are associated with the chemicals involved in that procedure. Prior to performing a reaction, a thorough risk assessment should be carried out that includes a review of the potential hazards associated with each chemical and experimental operation on the scale that is planned for the procedure. Guidelines for carrying out a risk assessment and for analyzing the hazards associated with chemicals can be found in Chapter 4 of Prudent Practices.

The procedures described in *Organic Syntheses* are provided as published and are conducted at one's own risk. *Organic Syntheses, Inc.*, its Editors, and its Board of Directors do not warrant or guarantee the safety of individuals using these procedures and hereby disclaim any liability for any injuries or damages claimed to have resulted from or related in any way to the procedures herein.

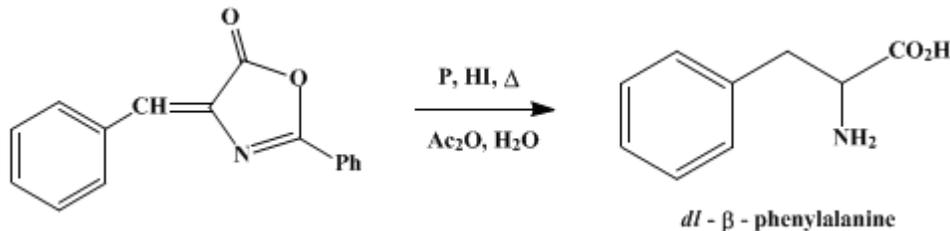
*These paragraphs were added in September 2014. The statements above do not supersede any specific hazard caution notes and safety instructions included in the procedure.*

*Organic Syntheses, Coll. Vol. 2, p.489 (1943); Vol. 19, p.67 (1939).*

## ***dl*- $\beta$ -PHENYLALANINE**

**[Alanine,  $\beta$ -phenyl-, *dl*-]**

**[(A) (From the Azlactone of  $\alpha$ -Benzoylaminoacinnamic Acid)]**



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### **1. Procedure**

In a 1-l. three-necked, round-bottomed flask fitted with a reflux condenser, a mechanical stirrer, and a dropping funnel (Note 1) are placed 25 g. (0.1 mole) of the azlactone of  $\alpha$ -benzoylaminoacinnamic acid (Note 2) and (Note 3), 20 g. (0.64 gram atom) of red phosphorus, and 135 g. (125 cc.) of acetic anhydride. During a period of about one hour 195 g. (125 cc., 0.76 mole) of 50 per cent hydriodic acid (sp. gr. 1.56) is added with stirring (Note 4). The mixture is refluxed for three to four hours and, after cooling, is filtered with suction. The unreacted phosphorus is washed on the filter with two 5-cc. portions of glacial acetic acid, and discarded. The filtrate and washings are evaporated to dryness, under reduced pressure, in a 500-cc. Claisen flask heated in a water bath. A 250-cc. distilling flask cooled in ice is used as a receiver, and the distillate is reserved for a second reduction (Note 5).

To the dry residue in the Claisen flask 100 cc. of water is added, and the evaporation to dryness is repeated. The second distillate is discarded. To the residue in the flask 150 cc. of water and 150 cc. of ether are added, and the mixture is shaken until solution is complete. The aqueous layer is separated and extracted three times with 100-cc. portions of ether. The ether extracts are discarded; the water solution is heated on a steam bath with 2–3 g. of Norite and a trace of sodium sulfite until all dissolved ether has been removed. The solution is filtered, and the filtrate is heated to boiling and neutralized to Congo red with 15 per cent ammonia (sp. gr. 0.94). Usually about 25 cc. of ammonia is required. The phenylalanine separates in colorless plates which, when cold, are filtered and washed thoroughly on the filter with two 30-cc. portions of cold water. The yield is 10.5–11 g. (63.6–67 per cent of the theoretical amount) of a product which decomposes at 284–288°(corr.) (Note 6).

### **2. Notes**

- Clean corks protected by tin foil should be used.
- This azlactone is prepared readily from benzaldehyde according to the procedure given for the azlactone of  $\alpha$ -benzoylamino- $\beta$ -(3,4-dimethoxyphenyl) acrylic acid (p. 55). From 53 g. (0.5 mole) of benzaldehyde, 89.5 g. (0.5 mole) of hippuric acid (p. 328), 41 g. of fused sodium acetate, and 153 g. of acetic anhydride there is obtained 78–80 g. (62–64 per cent yield) of an almost pure product melting at 165–166° (corr.). This material is sufficiently pure for use in the preparation of phenylalanine. By crystallization from 150 cc. of benzene a product melting at 167–168° (corr.) is obtained.
- The reduction may be carried out by the same procedure starting from  $\alpha$ -benzoylaminoacinnamic acid, and in this way slightly higher yields are obtained. The azlactone may be converted into the free acid in the following way.  
In a 12-l. flask fitted with a mechanical stirrer, 62.3 g. (0.25 mole) of the azlactone is suspended in 6 l. of water, and 11 g. (0.275 mole) of sodium hydroxide is added as a 10 per cent solution. The mixture is heated on the steam bath with stirring until solution is complete. This requires three to four hours. The



## 2. Notes

1. It may be necessary to warm the mixture in order to dissolve the [acetaminocinnamic acid](#) completely in this amount of [acetic acid](#). If so the solution should be allowed to cool to room temperature before it is placed in the reduction apparatus.
2. When the calculated amount of [hydrogen](#) is taken up, the catalyst is no longer colloidal and the rate of [hydrogen](#) uptake becomes very slow.
3. With freshly prepared and moist catalyst the benzene ring may also be reduced and [N-acetylhexahydrophenylalanine](#) formed. When this occurs, the [hydrogen](#) uptake continues at a rapid rate even after the amount required for hydrogenation of the side chain has been taken up. After recrystallization from water or dilute alcohol, the hexahydro compound forms needles melting at 178°.
4. Pure [N-acetylphenylalanine](#) can be obtained by recrystallizing the residue from hot water or from hot dilute alcohol; it forms colorless needles melting at 150–151°.
5. Hydrolysis with 1 *N* [hydrochloric acid](#) is not complete if less than ten hours is allowed. With higher acid concentrations the hydrolysis can be completed more rapidly.
6. When the solution is made just basic to Congo red, the product separates in an almost solid mass; addition of alcohol facilitates the testing of the *pH* by disintegrating the mass and also decreases the solubility of the product.
7. This product contains about 2.5 per cent of [ammonium chloride](#); allowing for this the yield of [phenylalanine](#) is 94 per cent. Unless absolutely pure [phenylalanine](#) is required, the subsequent recrystallization can be omitted.
8. [Phenylalanine](#) dissolves rather slowly in boiling water. It is therefore convenient to start with an excess of water and to concentrate the solution over a free flame until crystals begin to separate from the hot solution.

## 3. Discussion

*dl*-Phenylalanine has been prepared by the action of [ammonia](#) and [hydrogen cyanide](#) on [phenylacetaldehyde](#);<sup>1</sup> by the reduction of the oxime<sup>2</sup> or the phenylhydrazone<sup>3</sup> of [phenylpyruvic acid](#); by the reduction of [phenylpyruvic acid](#) in alcoholic-ammoniacal solution;<sup>4</sup> by the reduction of [α-aminocinnamic acid](#) or its derivatives;<sup>5</sup> and by the action of [ammonia](#) on [α-bromo-β-phenylpyruvic acid](#)<sup>6</sup>—a procedure for which detailed directions are given in [Org. Syn. 21, 99](#).

This preparation is referenced from:

- [Org. Syn. Coll. Vol. 3, 705](#)
- [Org. Syn. Coll. Vol. 4, 80](#)

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## References and Notes

1. Erlenmeyer and Lipp, *Ann.* **219**, 194 (1883).
  2. Erlenmeyer, *ibid.* **271**, 169 (1892); Knoop and Hoessli, *Ber.* **39**, 1479 (1906); Shemin and Herbst, *J. Am. Chem. Soc.* **60**, 1951 (1938).
  3. Feofilaktov and Vinogradova, *Compt. rend. acad. sci. U.R.S.S.* **24**, 759 (1939) [*C. A.* **34**, 1971 (1940)]; *J. Gen. Chem. (U.S.S.R.)* **10**, 255 (1940) [*C. A.* **34**, 7283 (1940)].
  4. Knoop and Oesterlin, *Z. physiol. Chem.* **148**, 311 (1925).
  5. Plöchl, *Ber.* **17**, 1623 (1884); Erlenmeyer, *Ann.* **275**, 15 (1893); Bergmann, Stern, and Witte, *ibid.* **449**, 280 (footnote) (1926); Harington and McCortney, *Biochem. J.* **21**, 854 (1927); Lamb and Robson, *ibid.* **25**, 1234 (1931).
  6. Fischer, *Ber.* **37**, 3064 (1904).
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**Appendix**  
**Chemical Abstracts Nomenclature (Collective Index Number);**  
**(Registry Number)**

red phosphorus

Congo red

azlactone of  $\alpha$ -benzoylamino- $\beta$ -(3,4-dimethoxyphenyl) acrylic acid

Azlactone of  $\alpha$ -Benzoylaminocinnamic acid

alcohol (64-17-5)

hydrochloric acid (7647-01-0)

acetic acid (64-19-7)

ammonia (7664-41-7)

Benzene (71-43-2)

ether (60-29-7)

acetic anhydride (108-24-7)

ammonium chloride (12125-02-9)

sodium acetate (127-09-3)

hydrogen (1333-74-0)

sodium sulfite (7757-83-7)

sodium hydroxide (1310-73-2)

hydrogen cyanide (74-90-8)

PHOSPHORUS (7723-14-0)

platinum oxide

benzaldehyde (100-52-7)

Norite (7782-42-5)

hydriodic acid (10034-85-2)

Hippuric acid (495-69-2)

$\alpha$ -Acetaminocinnamic acid,

acetaminocinnamic acid (5469-45-4)

Phenylpyruvic acid (156-06-9)

$\alpha$ -Benzoylaminocinnamic acid (1155-48-2)

phenylalanine (63-91-2)

N-Acetylhexahydrophenylalanine

N-Acetylphenylalanine (2018-61-3)

phenylacetaldehyde (122-78-1)

$\alpha$ -aminocinnamic acid

$\alpha$ -bromo- $\beta$ -phenylpyruvic acid (42990-49-8)

DL- $\beta$ -Phenylalanine,  
Alanine,  $\beta$ -phenyl-, dl-,  
DL-Phenylalanine (150-30-1)