



```

NAME          z1.212d
EXPNO         1
PROCNO        1
Date_         20100615
Time_         20.08
INSTRUM       spect
PROBHD        5 mm QNP 1H
PULPROG       zgdc
TD            112780
SOLVENT       C6D6
NS            184
DS            0
SWH           30303.031 Hz
FIDRES        0.268692 Hz
AQ            1.8609200 sec
RG            16384
DW            16.500 usec
DE            7.50 usec
TE            300.0 K
D1            4.0000000 sec
d11           0.03000000 sec

```

```

===== CHANNEL f1 =====
NUC1          13C
P1            8.00 usec
PL1           3.00 dB
SFO1         125.7709436 MHz

===== CHANNEL f2 =====
CPDPRG2       waltz16
NUC2          1H
PCPD2         90.00 usec
PL2           120.00 dB
PL12          20.00 dB
SFO2         500.1338000 MHz
SI            32768
SF           125.7577159 MHz
WDW           EM
SSB           0
LB            1.00 Hz
GB            0
PC            1.40

```