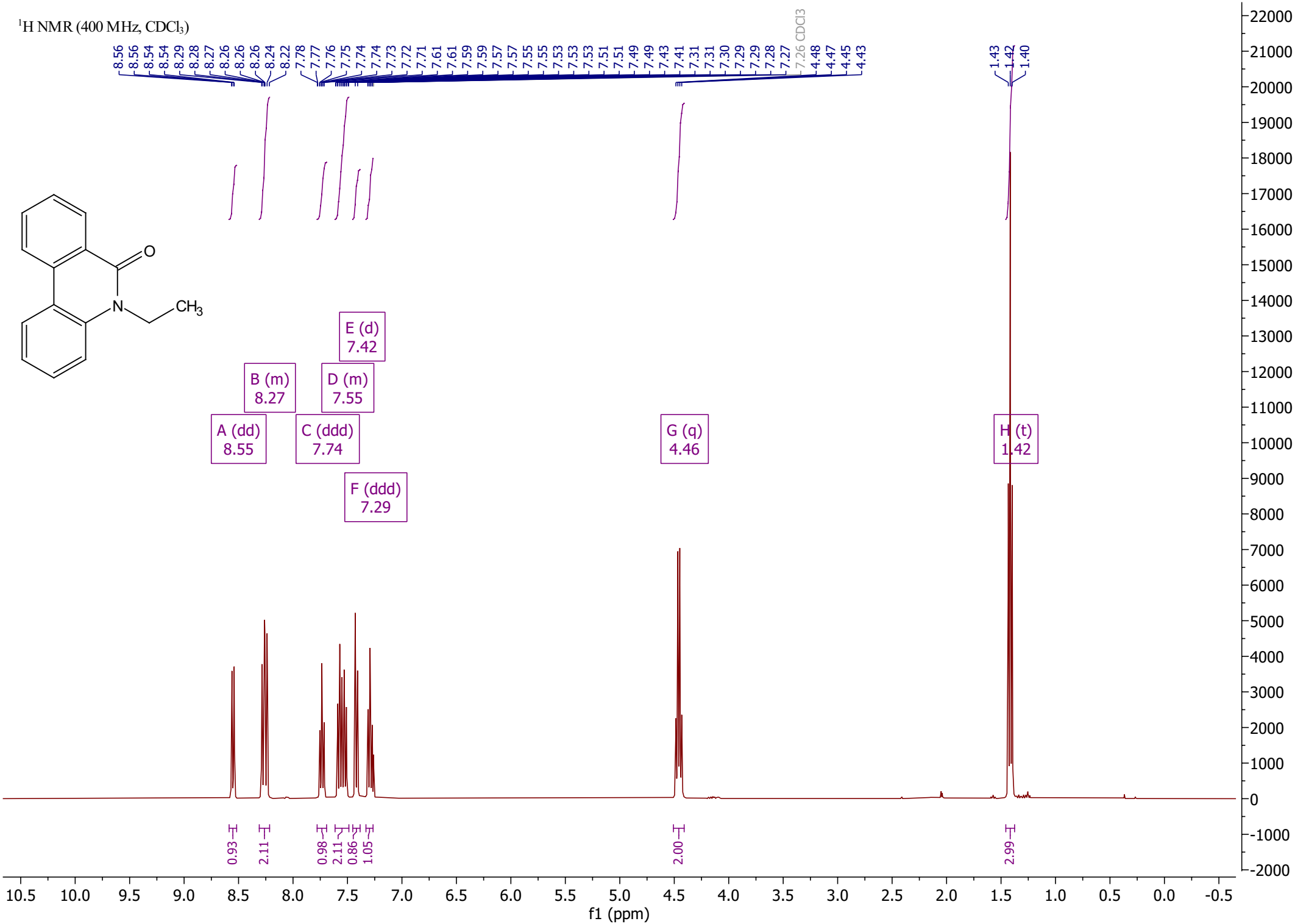^{1}H NMR (400 MHz, $CDCl_3$)