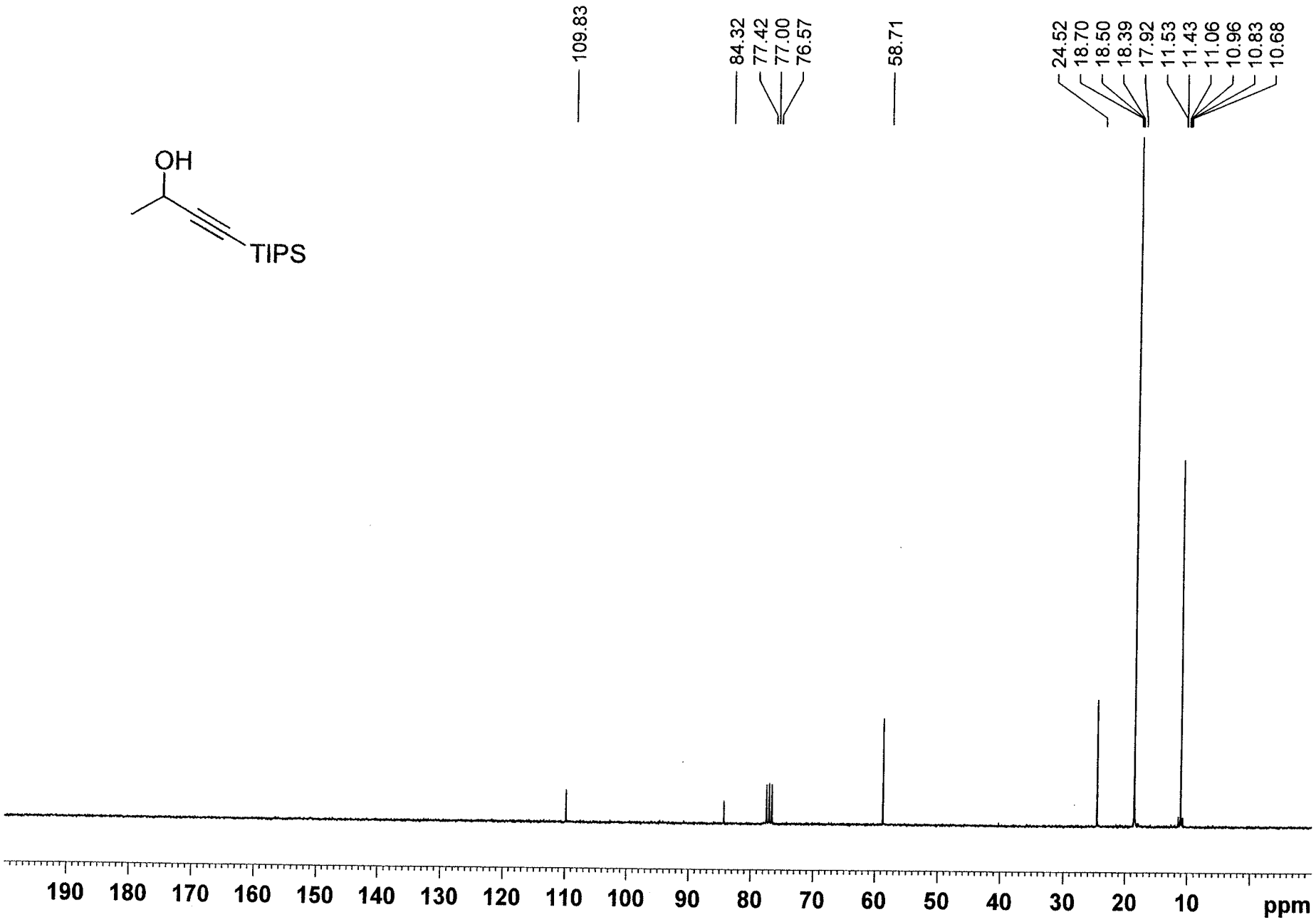kai20060515-2 CDCl3 300MHz