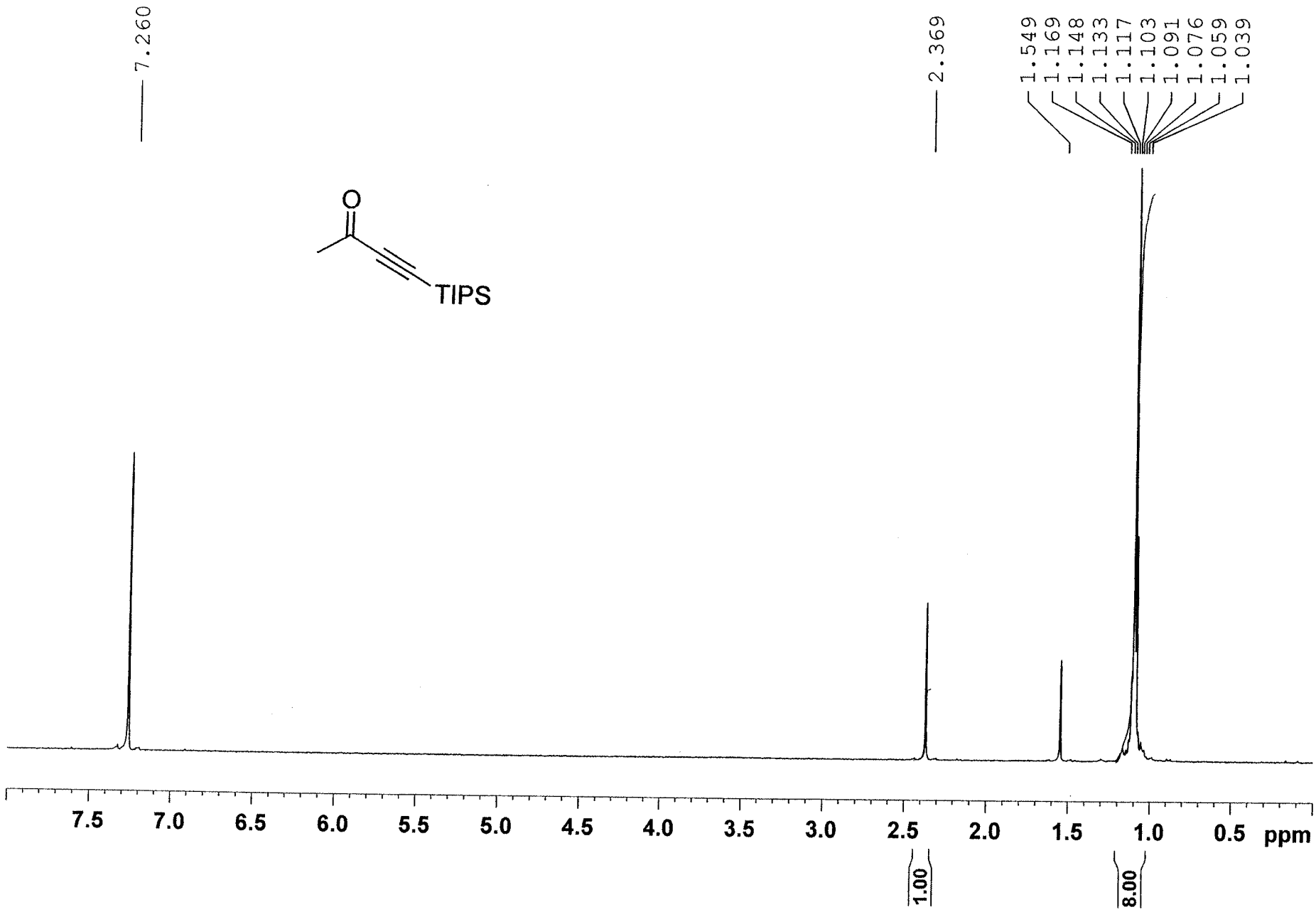kai20060518-3 CDCl3 300MHz