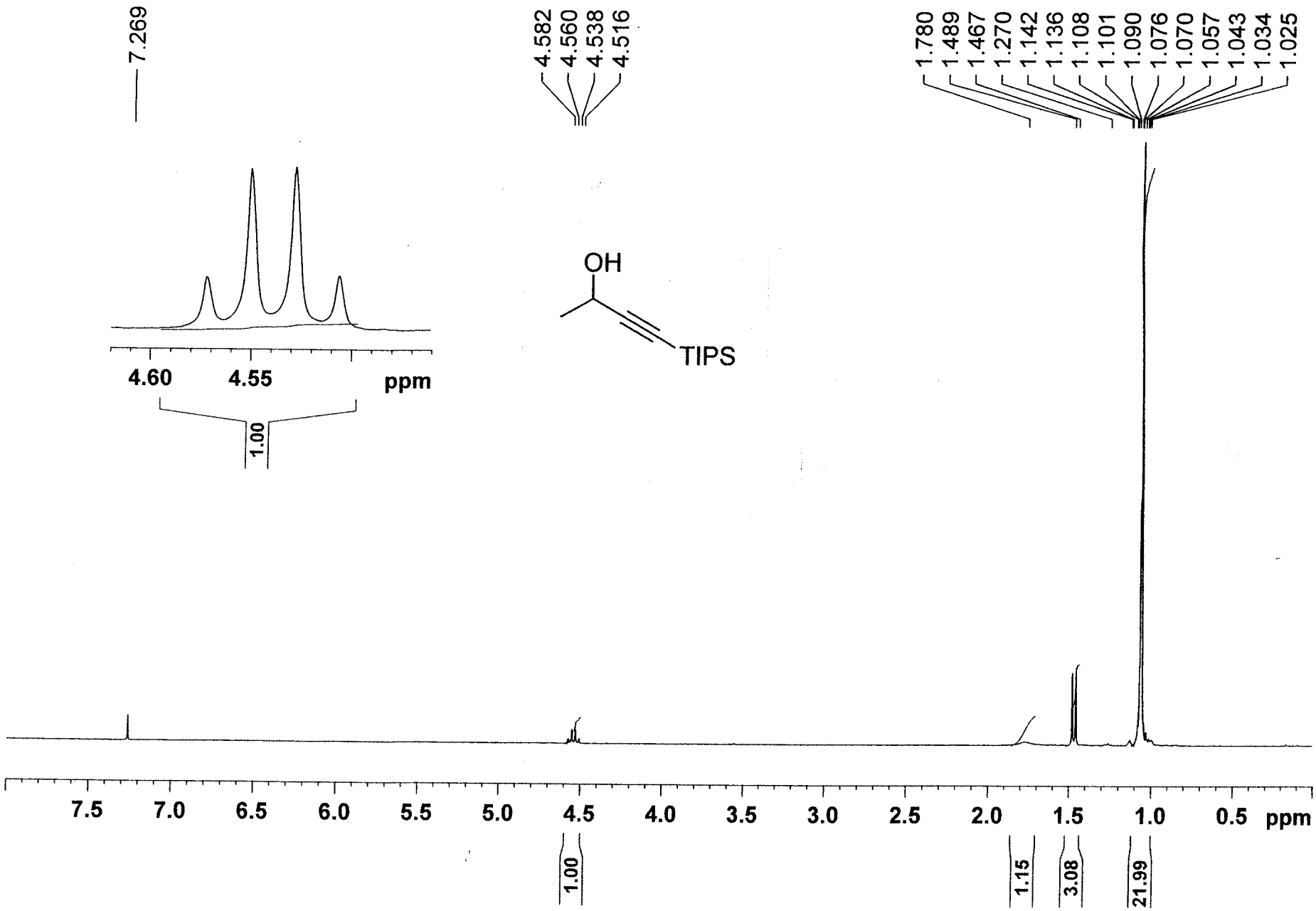kai20060605-1 CDCl3 300MHz